

Supplemental Talking Points on the Risks of Speeding

The supplemental talking points are designed to be interactive and used in conjunction with the slides and video. The left column provides the teacher/parent/guardian activities/notes and estimated time to cover the topic, the center column provides discussion points for each section, the right column provides the slide numbers for the content and video and the content is provided on the slides. Remember to discuss and ask questions about the topics and engage the class rather than lecturing. An activity that involves breaking the students into groups to discuss questions related to speeding is provided. The activity can also be given as a homework assignment for student to discuss with their parents/guardians. Do not skip this activity as it will allow the students to formulate their own thoughts and come to their own conclusions about the risks of speeding. The total estimated time to cover these talking points is 36 minutes.

Teacher/Parent/Guardian Activities/Notes	Discussion Points	Slide(s)
Introduce topic (5 minutes)	<ol style="list-style-type: none"> 1. Introduce topic and objectives 2. Play introductory NRSF video 	<p>1-3 Video on slide 3</p>
Discuss why people choose to speed. Keep this brief as these will be discussed in detail later. (3 minutes)	<ol style="list-style-type: none"> 1. Late 2. Don't know the risks involved 3. Peer pressure 4. Feel invincible 5. Others? 	4
Discuss the risks and consequences related to speeding. (5 minutes)	<ol style="list-style-type: none"> 1. Less reaction time 2. Safety measures built in the road (e.g., guard rails) may not protect you 3. Stopping distance quadruples when you double your speed 4. Leads to crashes, injuries, fatalities, and property damage 5. Leads to fines/citations 6. Number one cause of traffic deaths is speeding <p>Question: What could you miss or not have time to react to if you are exceeding the speeding?</p>	5-6

Teacher/Parent/Guardian Activities/Notes	Discussion Points	Slide(s)
Discuss responsibility, accountability, and the liability we have as a driver. (5 minutes)	<ol style="list-style-type: none"> 1. Complying with rules of the road 2. Obey speed limits and drive at a speed that is safe and cautious for conditions 3. Responsibility and accountability as a driver 4. Criminal liability, financial responsibility 5. Take ownership of your actions 	7-8
Discuss time management and how it relates to speeding and negative driving behaviors. (5 minutes)	<ol style="list-style-type: none"> 1. Being late is one of the top reasons people speed 2. May drive faster to make up time 3. May become aggressive 4. Deindividuation <ol style="list-style-type: none"> a. individuals in a group setting believe they cannot be identified under the cover of the crowd, which reduces accountability and results in non-normative behavior b. when driving we think we cannot be identified in the vehicle 5. Will not save the time we expect to 6. Leads to aggressive driving and health concerns. 	9-11
Break students into groups (or parents/guardians discuss with their teen) to discuss the questions provided. Possibly have each group report back on their discussion. (10 minutes)	<ol style="list-style-type: none"> 1. Do your parents/guardians speed? 2. Why do your parents/guardians make that choice? 3. Why do you think teenagers speed? 4. How does speeding affect other people? 5. What are the consequences of speeding? 6. What choice will you make about speeding? 7. How will your actions reflect that choice? 	12
Conclusion (3 minutes)	<ol style="list-style-type: none"> 1. Reasons why people speed 2. Risks associated with speeding 3. Responsibility, accountability, and liability 4. Time management 	13